

# Weekly Practice Log

Words That Bloom

## Lesson 1.1: Reframing Reading Struggles into Opportunities

Week of: \_\_\_\_\_ Child's Name: \_\_\_\_\_

### Activity 1: The 5-Second Pause

*Goal: When your child gets stuck, silently count to five before you speak.*

Day	I tried it ✓	What happened? (Did child self-correct?)
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		

### Activity 2: Process-Only Praise Challenge

*Goal: For one read-aloud, only use process praise (no "Good job!" or "You're smart!")*

#### Process praise phrases I used:

*Examples: "I saw you...", "I loved how you...", "You used a great strategy when you..."*


#### Which phrase felt most natural to me?

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### Activity 3: The Curious Question

*Goal: When your child is stuck, respond with: "Hmm, what do you notice?" or "What could we try here?"*

#### Track at least 3 times you used curious questions:

Date	Question I Asked	Child's Response


**Weekly Reflection**

**What was the hardest old habit to break this week?**

**What small shift made the biggest difference?**

**One thing I want to keep practicing next week:**